Parent & Parenting/ Recursos para padres

- Parent Resource Directory (English) / Directorio de Recursos para Padres (Espanol)

Food Resources/ Recursos para comida

- Contra Costa Food Bank
- Loaves and Fishes of CCC
- Food Pantries (despensas de comida)

Housing Resources / Rescursos de vivienda

- Rent Assistance (assistencia de renta)
- Emergency Housing for(Viviendas de emergencia para todos)
- Women and Children Only / Vivendas para ninos y mujeres solamente)

Health & Medical Resources/ Salud y recursos medicos

- Crisis Center of Contra Costa County Guide (English)/ Guia del Centro Crisis de Contra Costa (Espanol)
- Low Cost Medical Services Guide

Community Resources

- http://www.211.org

This is an A-Z list of additional resources for parents and students.